

Poster: Relationship of Sociocultural Factors to Eating Disorders Among Undergraduates at BUITEMS- 2025.

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Abstract:

Irregular mind-sets towards foodstuffs, which affects one's emotional, social, and physical aspects. It may involve overeating or planned and too much cut back of one's food portions for personal reasons.

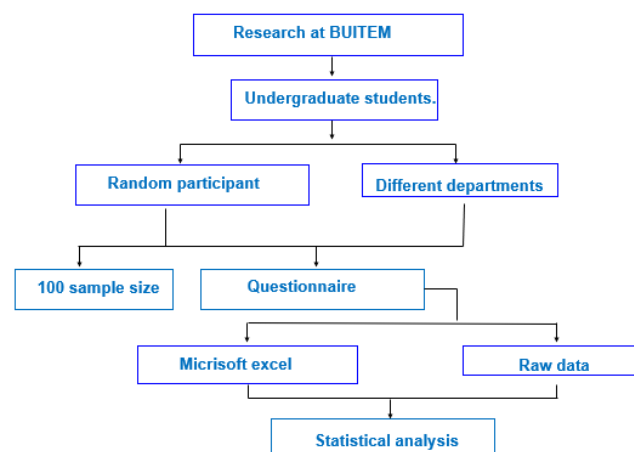
Keywords: disseminated intravascular coagulation; conceptual errors in guidelines; diagnostic features; main principles of prevention and treatment; clinical transfusiology

Introduction

Irregular mind-sets towards foodstuffs, which affects one's emotional, social, and physical aspects. It may involve overeating or planned and too much cut back of one's food portions for personal reasons [1]. These unhealthy choices and behavior may have severe result according to recent surveys conducted regarding this subject matter, teenagers form the

largest portion of individuals with eating disorders (2). While some of the young females may accept these irregular eating habits due to extreme discomfort about their body shape or weight, others use food to comfort themselves in terms of unforgiving conditions in their social or educational lives [3,4].

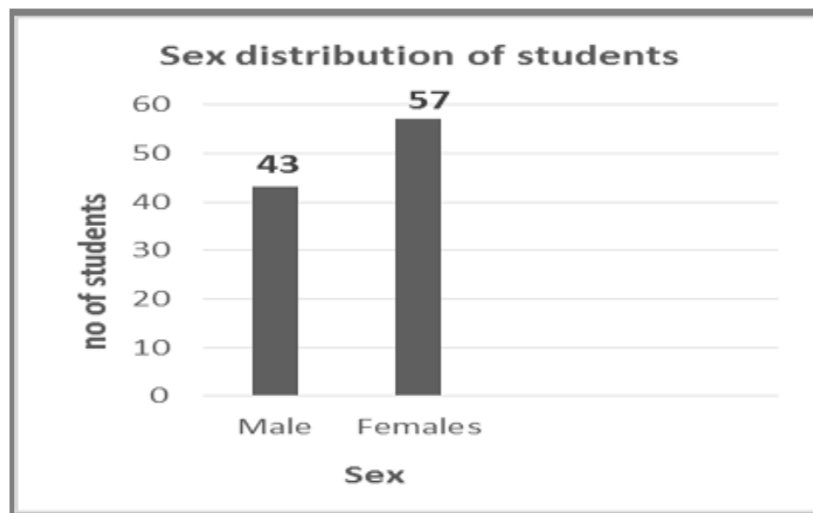
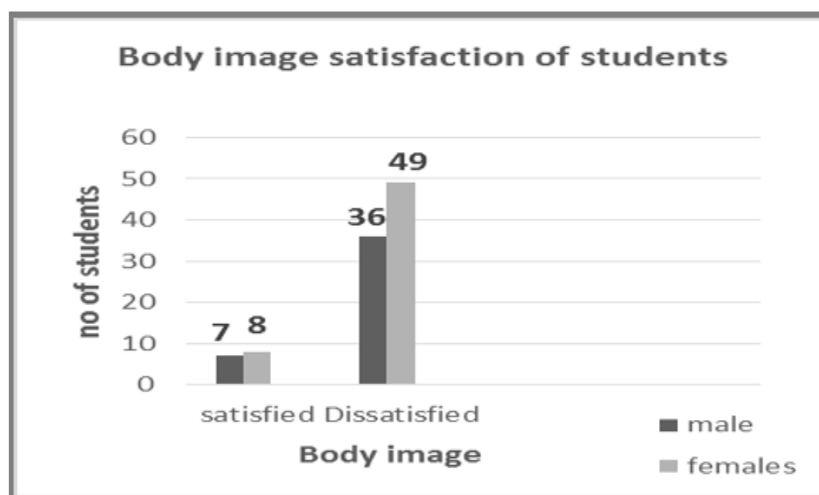
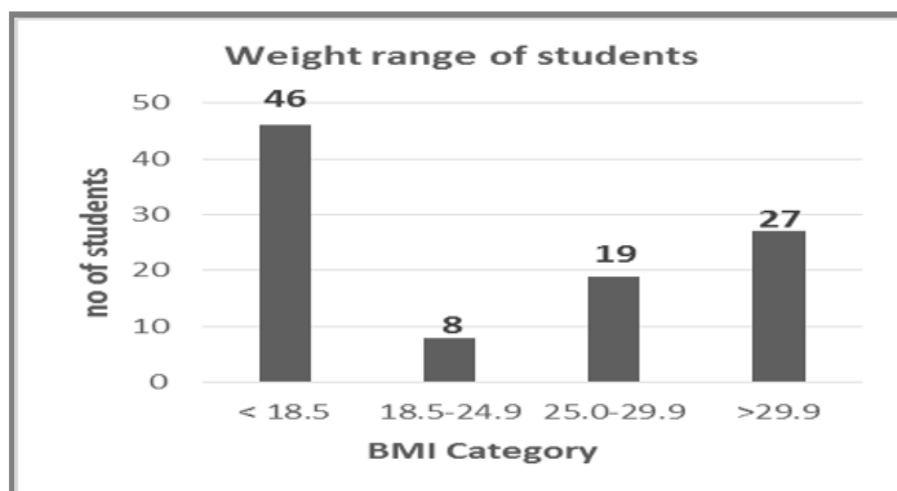
Study Design



Study Design

Results

Out of 100 students, 43 males and 57 females were selected at random, studying in different departments at BUITEMS.

**Figure 1:** Sex distribution of selected students.**Figure 2:** Body image satisfaction rate of students.**Figure 3:** BMI range of students.

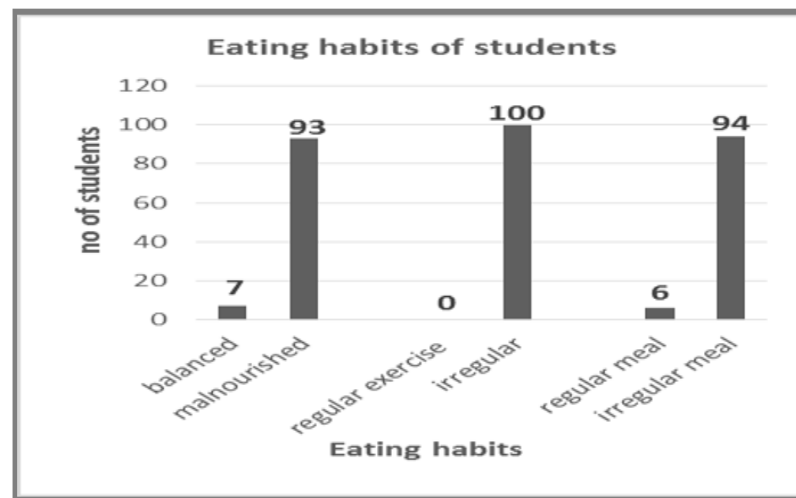


Figure 4: Eating habits of students.

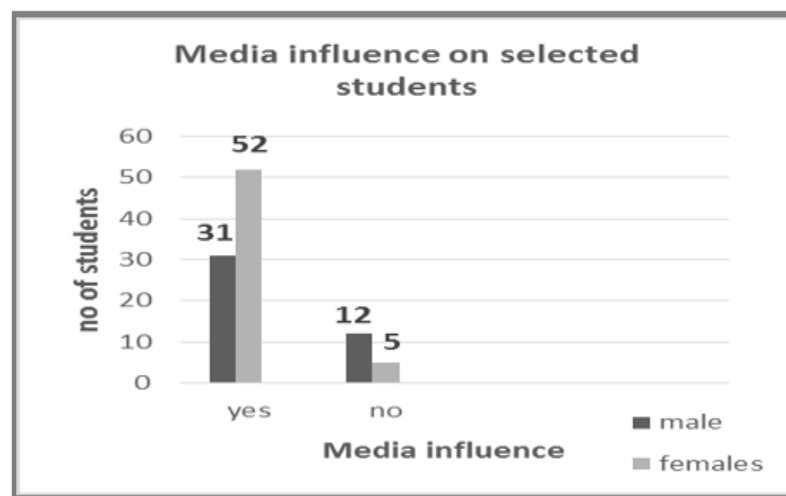


Figure 5: Media influence on eating habits of students.

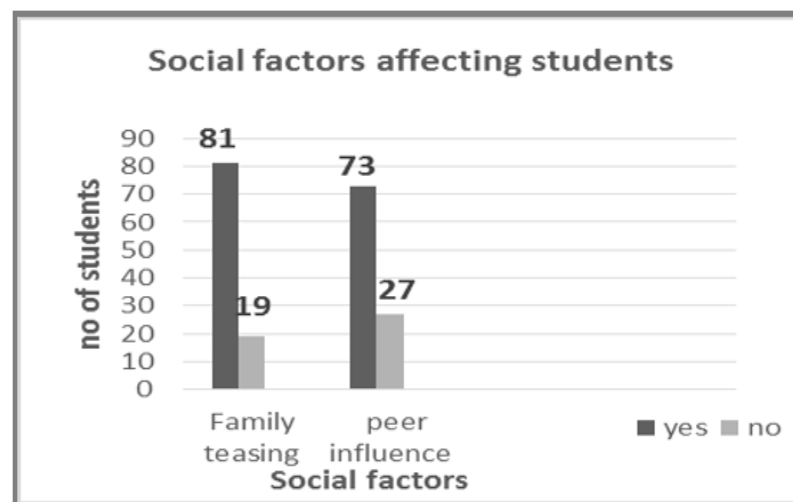


Figure 6: Social factor influence on eating patterns of students.

Conclusion

Today's media add to the long lasting extension of dietary issues since media empower and hoist unreasonable estimations of physical

magnificence, along the edge of the impact framed by guardians and companions. Beside relational issues, for example, sadness etc. By and large, the media has totally assumed control over our way of life and keeps on increasing more control each day.

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