

Integrated Education of Future Stars: Dishui Charity for Three Child Family

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Abstract:

The paper surveyed the realistic background of ageing society and related three-child policy, it outlined the construction of childcare-friendly families in Zhejiang and highlighted the good job of Integrated Education for future Stars on coping with regressive behavior, guiding competitive behavior and reducing family stress are proposed, and thus envisaged the vision and mission of jointing social efforts to better quality of life.

Keywords: three-child families; issues; integrated education

Introduction

According to the communiqué on the main data of the 7th National Population Census, since the 6th National Population Census in 2010, China has witnessed significant changes in the intrinsic dynamics and external conditions of population development, with a weakening of the inertia of special growth in the total population size, a fluctuating decline in the working-age population and a deepening degree of ageing.

Related meeting was held in May 2021 to hear a report on major policy initiatives to actively deal with the ageing population during the 14th Five-Year Plan period and to consider the Decision on Optimizing the Fertility Policy for Long-term Balanced Population Development. The meeting stressed the importance of implementing a national strategy to actively cope with population ageing and speeding up the establishment of a sound relevant policy system and institutional framework. It further optimizes the fertility policy and implements the policy that a couple can have three children as well as supporting measures.

The above policies and supporting measures are conducive to improving China's demographic structure, coping with population ageing and maintaining the advantages of China's human resource endowment, and have received positive responses from the whole country, especially from large and medium-sized cities. Research on child-friendly societies, regressive child behavior, blind competition and parental depression and anxiety has become an important topic in urban social psychology.

In 2021, Zhejiang has taken the lead in building a childcare-friendly society by abolishing social maintenance fees, cleaning up and repealing relevant penalties, and issuing provincial local standards for "one birth". 700,000 newborn families have benefited. In 2022, Zhejiang will provide active childbirth support through policies and measures in maternity leave, care, childcare, education, housing and taxation.

At the same time, it will implement "five major actions" to improve the safety of mothers and babies, carry out standardized assessments of critical maternity and neonatal treatment centers, and continue to improve the capacity to treat critical illnesses; promote "five major actions" for elderly health services, and actively carry out hospice care in the province to gradually reduce The province is actively engaged in hospice care to gradually reduce the worries of families about active childbirth.

According to the Zhejiang Province Regulations on Population and Family Planning, which were amended in November 2021, the government will be required to scientifically plan and reasonably lay out inclusive childcare service institutions and reasonably allocate resources for maternal and child health care, infant and child care, child care, pre-school and primary and secondary school education. It also clearly stipulates that the people's governments of the municipalities set up in the districts shall formulate specific measures to encourage social forces to set up institutions for inclusive childcare services.

The Regulations also leave room for local conditions to be adapted to local conditions.

The Regulations stipulate that the people's governments of counties (cities and districts) may provide subsidies to employers who provide childcare services. At the same time, the people's governments of counties (municipalities and districts) may provide childcare allowances and subsidies for childcare expenses to families with infants and toddlers that under three years of age in accordance with local realities.

The Regulations also stipulate that management units of public facilities, commercial complexes, tourist attractions and other public places, employers with a large number of female employees and the parks and business buildings in which they are located shall take full account of factors such as the size of the public place, the flow of people, the stay of mothers and babies and the number of pregnant and breastfeeding female employees in the employing unit to build and improve facilities for mothers and babies and provide convenient conditions for the care and breastfeeding of infants and toddlers.

1. Responding positively to the regressive behavior of three children

Behavioral regression is a phenomenon of anti-maturity regression in which individuals display childish behavioral responses that they should not have at their age when they experience setbacks. After the birth of the third child, the oldest and second child will have a greater psychological change, from the initial excitement of seeing a new life to the imbalance of feeling deprived of love, which can easily lead to behavioral regression.

First of all, when a child is added to the family, mothers and fathers may teach the older child that "you are the older brother and have to give way to your younger sibling" and "you are the older child now". This can cause anxiety as the child becomes vaguely aware that he is losing favor and the privileges of being a little one. The child will then feel better as a child and will choose to regress to a more childlike state of behavior in an attempt to gain affection from his parents.

Secondly, parents will spend more time and energy on the youngest child and may neglect the eldest and second child, but this difference in treatment is easily picked up by the child and leaves the impression in the child's mind that "my parents don't love me". The older two find that using normal language and behavior does not get their parents' attention, while problems such as bedwetting, bedwetting and crying, which are no longer a problem, do.

Again, the child's need for parental love does not diminish. A decrease in parental attention to older children can cause them to become psychologically uncomfortable. The child will try to get the parents' attention by becoming smaller and clumsier, hoping that mum and dad will still care for him or her as much as before.

There are three things that families, kindergartens and even the community should do when the oldest and youngest children will suffer from maladjustment, including behavioral regression.

Firstly, it is important to prepare children mentally in advance. Parents, nurseries and kindergartens should inform their children in advance about the new phase of a three-child family and help them prepare for it. It is important to stimulate your child's interest in his or her younger siblings in everyday life, and to create a sense of anticipation for a three-child family without creating fear and anxiety in your child.

Secondly, it is important to keep an even keel and not to face regressive behavior as if it were an enemy. Parents should learn to analyze the causes of regression and prescribe the right remedy to reassure their children.

Finally, it is important to increase trust and companionship. When a child's behaviour regresses, parents should give their child more companionship and trust and not feel that the child is being unreasonable and becoming unintelligent. In particular, tolerate your child's negative emotions, give your

child attentive companionship, express your unconditional love for your child with body language, and calm your child's apprehension.

2. Properly guiding children to carry out competition

With more children, comparisons of all kinds inside and out become frequent. Social psychologists believe that it is normal for children to compete with each other for superiority. Many children have a desire to perform and will use nice toys, pretty clothes etc. to attract attention, but excessive comparison can develop into vanity.

Therefore, when faced with children's climbing behavior, it is important to guide them correctly, grasp their level and give encouragement at the right time to protect the child's heart. Some parents often use the phrase "look, they are all born to the same family as you, how come they have such good grades" to make non-scientific and irrational comparative rankings, which can lead to children's inferiority complex.

The American psychologists Rosenthal and L. Jacobson found in 1968 that when teachers intentionally or unintentionally conveyed implicit expectations to their students through attitudes, expressions, empathy and behaviors such as more questioning, coaching and praise, students gave positive feedback, which in turn aroused greater enthusiasm and care for these students. This cycle is repeated so that these students' intelligence, academic achievement and social behavior converge in the direction of the teacher's expectations, making them a reality.

Thus, based on the above psychosocial effect, i.e., the Rosenthal effect in which the educator's earnest hope for the student dramatically receives the desired effect, the child's educator should do three things to guide the child. Firstly, they should guide their children to engage in positive competition, comparing their studies, character and skills, without comparing material treatment and eliminating bad behavior.

Secondly, they should encourage their children to win over others in a legitimate way, through personal effort; and thirdly, they should teach their children to develop a healthy mentality. In particular, they should learn to reduce stress and not to take advantage of the situation.

3. multi-pronged approach to reduce family burden

The birth of three children has increased the pressure of housing and education realities for some families. When they cannot afford to meet the realities, they have to tear down the east wall to make up for the west wall. As a result, children are not only denied upbringing, but also have to take on all the stresses of life too early.

There is also an example on the internet of a mother of three who is very tired and cannot be coaxed to do anything about her child. This mother's pent-up anger and aggression exploded instantly, smashing objects and fighting. In online reports, it is not uncommon for the stress of having three children to cause parents to lose control of their emotions. More than financial difficulties, parents' inability to make ends meet in terms of patience and energy makes children feel nervous, scared and even insecure.

In response to the above, Zhejiang province has continued to increase its support. For example, it is stipulated that on the basis of the maternity leave provided by the state, the woman is entitled to 60 days of extended maternity leave for the birth of a child, for a total of 158 days; and 90 days of extended maternity leave for the birth of two or three children, for a total of 188 days. Mothers can take maternity leave and fathers can take 15 days of nursing leave. At the same time, both spouses are also entitled to 10 days of parental leave each year up to the child's third birthday.

To reduce the pressure of childcare for families., another example is that from 1 January 2022, the maximum loan amount of the housing provident fund will be increased from RMB600,000 per household to RMB800,000 per household for families in Ningbo who have given birth to two or three children in accordance with the national maternity policy, who have made continuous contributions to the housing provident fund for two years, and

who apply for the first time for a provident fund loan to purchase their first self-occupied housing.

Above policy is mainly aimed at the rigid demand of families who have two or three children in accordance with the national fertility policy to purchase the first self-occupied housing for their families. The aim is to increase support for the rigid housing needs of families with two or three children.

Realistically, the cost of raising an additional child is extremely high and relying on state compensation alone is not enough. A third child for the working class will put greater financial pressure on them, and will also impose costs on enterprises and institutions that recruit and employ women, including a range of costs during pregnancy, childbirth and parenting.

Therefore, employers and society as a whole are required to effectively protect the legitimate rights and interests of women. Firstly, employers should be encouraged to recruit women and eliminate discrimination against women in employment;

Secondly, employers should improve flexible working mechanisms suitable for women during pregnancy tests and child rearing; and thirdly, society as a whole should work together to implement support measures to encourage childbirth.

4. Pursuit the quality of life for future stars: the vision of Integrated Education

Concerning the social phenomena of regressive behavior, low self-esteem, insecurity and exhaustion and burnout that characterize families with three children, In addition to above mentioned reflections and responses, the future of society, especially in large and medium-sized cities need to integrate education for future productive citizens, especially to collect efforts of the whole community.

Social psychological studies and action research of integrated education have empirically proven that good children are not born. Without a positive family environment, good living, learning and working habits, proper nutrition, work and exercise, it is impossible to grow up to be a good child, even if the genetic qualities are good.

Therefore, to develop behavior and improve the quality of life, you must learn to communicate in a scientific way. In particular, it is important to treat children fairly and learn to develop love and confidence.

Specific suggestions are as follows:

- 1.1. Helping families with three children to be active and enterprising.
- 1.2. Parents are positive and optimistic about building a good family with threechildren; community organizations organize competitions to visit civilized families with three children; educational institutions offer refresher courses for parents of three children.
- 1.3. Cultivate the behavioral habits of three-child families. Support three children to develop good living habits; help two children to develop good study habits; inspire one child to develop good working habits.
- 1.4. Improve the quality of life of families with three children. Pay attention to breakfast and balanced nutrition; pay attention to sleep and reasonable work and rest; cultivate the habit of exercising.

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