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**Research Article** 

# Novel Processed Cheese Production Using Lycopene Oil Obtained By Green-Extraction Technique of Tomato Peels Waste

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# Abstract

Extracted lycopene oil of tomato peels waste using green-extraction technique may be used as a convenient alternative to butter in processed cheese manufacturing. The effects of partial substitution of butter by lycopene oil at ratio of 25%, 50%, and 75% were evaluated, in comparison with cheeses produced only with butter. The substitution of butter by lycopene oil increased dry matter, ash, lycopene content, antioxidant activity, meltability and sensorial characteristics of processed cheese. While, the firmness value was decreased with increasing level of incorporated lycopene oil. The present study displays that the substitution of butter by lycopene oil obtained by green-extraction technique of tomato peels waste in processed cheese can be used as a substitute process for decreasing saturated fats in dairy products with keeping other desired characteristics of the product.

Keywords: processed cheese; green extract; phenolic content; sensory evaluation; lycopene

Running head: processed cheeses

# **Graphical Abstract**



#### **Introduction:**

Processed cheese is one of the best important sources of calcium and protein in dairy products as well as other nutrients such as minerals and vitamins. It is characterized by a high degree of stability and decreased need to cooling during storage [1, 2]. Processed cheese spreads are composed of various components generally made from a mixture of dairy, for example, butteroil, cream, butter, dried milk, caseinates and dried whey protein and dairy-free components and added substances, for example, colorants and hydrocolloids [3]. Besides, the emulsifying salts, for example, sodium lactate, calcium lactate, sodium citrates, potassium citrates, calcium citrates, sodium phosphates, potassium phosphates and polyphosphates are among the main components of processed cheese production [3]. Frequently, the manufacturers are looking for novel methods to increase the function characteristics of the processed cheese products in order to increase consumer acceptance of these products [2].

Tomatoes, Lycopersicon esculentum, are one of the biggest crops around the world in terms of consumption. Nearly, more than one hundred million tons of tomatoes fruits produced every year all over the world [4]. During manufacturing process of tomato products such as purees, pastes, juices, canned tomatoes and sauces, a tremendous amounts of waste named as tomato pomace such as peels, pulp and tomato seeds are produced [5]. The tomato pomace is considered as non-important waste, which causes a serious environmental issue when disposed of [6]. However, this waste is a rich source of various valuable bioactive compounds such as lycopene, polyphenols, ascorbic acid, terpenes,  $\beta$ carotene, sterols and tocopherols [7]. Out of all these various bioactive compounds, lycopene is by far the most important among them which is considered not manufactured dye that pays the red color to the vegetables and fruits [8]. It can be used in food industry as natural coloring substance in order to avoid the harmful effects of artificial food colorants. Lycopene (C<sub>40</sub> H<sub>56</sub>) is a component which having an open-chain structure, openchain polyene hydrocarbon with thirteen double covalent bonds, out of which eleven are integrated in a linear order (Figure. 1) [8].



Figure 1: Molecular Structure of Lycopene

Lycopene is considered as one of the most powerful antioxidants because its variety of conjugated double bonds makes it an excellent quencher of free radicals [4]. With growing attention and consciousness of its multiple positive effects, lycopene has been utilized in enriched foods and nutraceuticals. Moreover, it has been used in pharmaceutical, cosmetic and biomedical industries [9]. Because, of its potential antioxidant property it is useful in the treatment of cardiovascular diseases. Also, it has an effective role in breast, colon, prostate and lung cancer prevention [10-13]. Moreover, it has protective activity against chronic diseases, and skin cancers [14]. Lycopene is almost present in all parts of ripe tomato fruit such as water insoluble part, peel and pulp. However, the largest amount of lycopene is mostly found in peel by 90% [5]. George, Kaur [15] observed that the amount of lycopene in peels ranged from 48 to 141 mg kg<sup>-1</sup> and decreased in pulp of tomatoes (20 to 69 mg kg<sup>-1</sup>) from different cultivars.

Generally, extraction of lycopene from tomatoes is implemented by chemical extraction utilizing organic solvents such as n-hexyl hydride, propanone, ethyl alcohol, trichloromethane, heptane, oxolane [16-18]. Nevertheless, the organic solvents used in the extraction of lycopene poses a multitude of disadvantages such as toxicity, difficulty to dispose of, hazards to handle with, costly, low quality and length of extraction period [19]. In last decades, the techniques for lycopene extraction from tomatoes have been developed such as supercritical CO<sub>2</sub> technique. This technique had several advantages such as good yield rate, shorter extraction period and high quality [19]. However, it takes a big amount of energy in the extraction process. Moreover, it requires a great amount of CO<sub>2</sub> during the operation. Furthermore, the limited solubility of lycopene in CO<sub>2</sub> imposes the use of modifiers and co-solvents to get the most out of lycopene yield [19]. Newly,

the extraction methods for lycopene have been developed which depended on using the green chemistry tools. Sachindra and Mahendrakar [20] have been used sunflower oil as alternative solvents to obtain carotenoids from the wastes of the shrimp processing industries. Shrimp waste was mixed with sunflower oil at a ratio of 1:2 and heated at 70 °C for 150 min in order to obtain a higher carotenoid yield. In another study, Li, Fabiano-Tixier [21] have been used the same oil in taking out of volatile compounds from basil seeds. In addition, it has been proven that carotenoids extracted from gardenfresh carrots with sunflower oil, through ultrasound, is a green biological refining technique [22]. Choksi and Joshi [23] reported that the bioavailability of lycopene increased with boiling of tomato juice for one hour in the presence of corn oil. As alternative solvent, vegetable (palm) oil based shortening in our study was used in extraction of lycopene (lycopene oil). Al-Neshawy and Al-Eid [24] demonstrated that palm oil was a valuable ingredient for shortening formulation. Additionally, replacement of butterfat with a shortening is the important first step in duplication of dairy products. Therefore, the goal of the present study was to examine the effects of the total or partial substitution of butter by lycopene oil on physiochemical, rheological and sensorial properties of processed cheese.

# MATERIALS AND METHODS

# Materials

Ras cheese (1 month old), fresh kariesh cheese and fresh butter were brought from Dairy Department, Faculty of Agriculture, Cairo University, Egypt. Cheddar cheese (ripened for 8 months) was brought from International Company for Dairy & Food products "Milky Land", the 10<sup>th</sup> Ramadan City, Egypt. Skim milk powder (SMP) was purchased from Bob's Red Mill

#### J Nutrition and Food Processing

Natural Foods, Milwaouke, USA. Emulsifying salts (disodium phosphate and sodium citrate) were provided from El Gomhoureya Co. For Trading Drugs and Medical Supplies, El Amiryah, Cairo, Egypt. Shortening was purchased from Musim Mas Holding, West-Singapore. Tomato peels were obtained from Kaha Company For Preserved Foods, Qalubiya, Egypt.

#### Lycopene oil preparation using green-extraction technique

The lycopene oil was extracted from industrial waste of tomato peels according to the method of Chen and Meyers [25] with modifications. In brief, the tomato peel wastes were washed carefully with water. The tomato peels with an initial moisture content of 83% were then mixed into melted shortening (1:2) and heated in hot bath of water at 95 °C for 1 h. Then, the melted mixture was filtered using a muslin cloth, followed by centrifugation at 3000 ×g for 5 min. Afterward, the lycopene oil from the supernatant was separated (Figure. 2) and kept under -18 °C until further use.



Figure 2: Photograph of lycopene oil obtained by green-extraction technique of tomato peels waste

#### **Processed Cheese Manufacture**

Processed cheese spreads were manufacture according to Guinee [26] with a few minor modifications. Briefly, Kariesh cheese, Cheddar cheese, Ras cheese, butter and SMP were mixed with emulsifying salts (disodium phosphate and sodium citrate) in addition to water which prepared in the processing kettle in order to set the moisture content at approximately  $45\pm1\%$ . The mixture was cooked by direct steam injection heater to 90-95 °C at a pressure of 1.5 bar and kept under agitation for 8 min. After cooking, the samples were then transferred into circular airtight plastic

containers (diameter 45 mm × height 25 mm) with plastic cover and rapidly cooled at  $6\pm1$  °C. The chemical composition of the materials used in manufacture of processed cheese spreads is given in Table 1. The samples were of five varieties, including processed cheese without added lycopene oil (control), with partial substitution of butter by lycopene oil at ratio of 25% (w/w; T1), 50% (w/w; T2), 75% (w/w; T3), and with total substitution of butter by lycopene oil (T4). The formulation of the processed cheese spreads preparation is given in Table 2. All samples were analyzed after 0, 1, 2 and 3 months of storage at  $6\pm1$  and  $25\pm1$  °C.

Ingredients	Total solids (TS) %	Fat (F) %
Ras Cheese	54.93±0.40	22.26±0.28
Kariesh Cheese	74.98±0.26	0.48±0.09
Cheddar Cheese	66.92±0.41	32.96±0.32
Skim Milk	97.16±0.12	0.31±0.03
Butter	83.98±0.33	82.10±0.36
Red oil	99.56±0.08	99.03±0.06

Table1: Chemical composition of the ingredients used in manufacture of red processed cheese spreads

The samples were of five varieties, including processed cheese without added lycopene oil (control), with partial substitution of butter by lycopene oil at ratio of 25% (w/w; T1), 50% (w/w; T2), 75% (w/w; T3),

and with total substitution of butter by lycopene oil (T4). The formulation of the processed cheese spreads preparation is given in Table 2.

Ingredient	Control	T1	T2	T3	T4
Kariesh Cheese	13.93	13.93	13.93	13.93	13.93
Cheddar Cheese	12.5	12.5	12.5	12.5	12.5

Ras Cheese	30.77	30.77	30.77	30.77	30.77
Skim Milk powder	2.12	2.12	2.12	2.12	2.12
Butter	13.90	10.43	6.95	3.47	
Red oil		3.47	6.95	10.43	13.90
Emulsifying Salt	2.5	2.5	2.5	2.5	2.5
Water	24.28	24.28	24.28	24.28	24.28
Total	100	100	100	100	100

Table 2: Formulations of processed cheese without added red oil (control), with partial

# Basic physicochemical characterization of processed Cheese

In order to prepare the sample for analysis, ten grams of cheese samples were mixed well with 90 mL of distilled water. The pH values were then measured using a digital pH meter (Mettler Toledo, Shanghai, China). Moisture, ash, protein and fat of cheese samples were measured according to AOAC [27]. Moisture content was measured gravimetrically by drying 3 g of each sample by oven-drying at 105 °C to fixed weight. Ash content was measured by burning 3 g of each sample in a furnace at 550 °C until fixed weight. Protein content was measured by Kjeldahl using a nitrogento-protein conversion factor of 6.38. Fat was measured according to the Gerber method.

#### Measurement of antioxidant activity of processed cheese

Total phenolic content (TPC) of specimens was measured by using Folin-Ciocalteu method described by López-García, Cilla [28], with some modifications. The samples were prepared by adding ethanol (95%) for 3 days at room temperature. In short, 0.75 ml of Folin–Denis reagent (tenfold dilution) was blended with 0.1 ml of specimen. The mixture was incubated at room temperature for 5 min and 0.75 ml solution of sodium carbonate (2%) was then added to it. After another 15 min of incubation at room temperature, the absorbance of the mixture was then measured at 760 nm. Results were specified as milligram of Gallic acid equivalent (GAE) per 100 ml of specimen. Using 8-80  $\mu$ g/ml Gallic acid aqueous solutions, the calibration curve was conducted.

The free radical scavenging activity (Antioxidant activity) of the samples was examined by 1,1-diphenyl-2-picrylhydrazyl (DPPH) via the technique of Brand-Williams, Cuvelier [29]. The samples were prepared by adding 95% methanol for 19 h at room temperature. Antioxidant solution in methanol (0.1 mL) was added to 3.9 mL of a  $6 \times 10^5$  mol/L methanol DPPH solution. Before left the mixture in the darkness for 30 min at room temperature, it was mixed forcibly. Thereafter, using a spectrophotometer (Shimadzu Co., Ltd., Japan) at 515 nm, the quantity of the residual DPPH in each time of stop was examined. All measurements were implemented in triplicate and expressed as the percentage of the DPPH radical inhibition (DRI) and the equation used to measure it is as follows:

DRI (%) = 
$$\left[\frac{Abc - Abs}{Abc}\right] \times 100$$
(1)

While, the *Abc* is the control absorbance (pure DPPH solution), the *Abs* is the test sample absorbance (DPPH solution plus test sample).

## **Measurement of lycopene content**

Lycopene content was determined according to Davis, Fish [30]. In short, about 0.6 g of two samples (replicated) was weighed from each puree into

Auctores Publishing – Volume 4(1)-035 www.auctoresonline.org ISSN: 2637-8914 two amber glass screw top vials (40 mL) and then 10 mL of hexane with 5 mL of ethanol (95%) were added. Thereafter, using a magnetic stirring plate, samples were stirred well during sampling. The samples were then placed in ice on orbital shaker (ZheJiang HuaWei Scientific Instrument Co., Zhe Jiang, China) at 175 rpm for 20 min in order to extract the lycopene from the samples. A 3 mL of distilled water was then added to each vial with shaking for an extra 4 min in ice. To allow for separation of phase, the samples were left at room temperature for 10 min. Finally, the absorbance of upper layer of hexane was measured at 503 nm. Based on weight of sample, the lycopene content was calculated.

#### **Determination of firmness**

Firmness test was performed using a TMS-Pro Texture Analyzer (FTC, Virginia, USA) at a constant speediness of 60 mm/min to a depth of 10 mm beneath the suspension surface. The trigger force was 0.1 N and deformation profile was 30%. Compression mode was used with cylinder penetrometer probe (45 mm diameter x 25 mm height) to measure the firmness of the cheese.

### Meltability

Meltability of cheese samples was measured according to Savello, Ernstrom [31] with few modifications. Briefly, cheese sample (15 g) was weighed into the melting glass tubes (cylinder of glass, 25 cm long  $\times$  3 cm diameter  $\times$  glass thickness 0.8 mm, supplied with rubber stopper at both parties). The reference lines were scratched on one side of the glass tubes and then were left upright in an ice bath for 40 min. After that, the tubes were placed horizontally in a rack and moved into an oven set at 105 °C for 10 min. The rack was removed and tended at 45 ° to break the cheese flow. The distance from the edge of the melted sample to the reference line was recorded in in millimeters and recorded as "cheese flow."

## **Determination of oil loss amount**

The oil lost quantity was measured gravimetric analysis according to [32]. Cheese Sample (5 mm height  $\times$  22 mm diameter) was weighed and placed on Whatman no.4 circular filter paper (150 mm diameter) which preweighed and kept at 5±1 °C. In order to get a true and accurate result and due to the changes in humidity, the empty filter papers (blank) were used. The filter papers were weighed until constant weight and the oil lost quantity (%) was measured by the following equation: The oil lost quantity (%)

$$= \left( \left[ (W_m - W_i) - (W_{b1} - W_{b2}) \right] / W_s \right) \times 100$$

, where  $W_m$  is the last weight of the filter paper after oil migration,  $W_i$  is the initial weight of the filter paper (before putting the sample),  $W_{b1}$  is the last blank weight, and  $W_{b2}$  is the initial blank weight.

#### Sensory evaluation

#### J Nutrition and Food Processing

Sensory analysis of tomato process cheese spread was assessed according to Bandyopadhyay, Chakraborty [33] with few modifications. Sensory evaluation was performed by a group of 10 qualified panelists consisted of female and male aged between 26 until 70 years old (department of dairy science, the food technology research institute). We asked the panelists to assess the samples for satisfactoriness of appearance, color, texture and flavor via scoring the samples from 1 to 5.

### **Statistical analysis**

An analysis (one-way) of variance was performed to make a comparison of means among groups using generalized linear model. Duncan's multiple comparison tests were selected to determine the significant level of lycopene oil mixing on the chemical and physical properties of red processed cheese spreads samples at p < 0.05 using SAS (version 9.3 TS Level 1M2, SAS Institute Inc., Cary, NC, USA). All experiments were performed in three replicates.

### **RESULTS & DISCUSSION**

# Green extraction of lycopene with shortening oil as solvent by heat

The green extraction of lycopene technique has conveyed advantages related to the standards of green extraction such as plant/crop-based renewable resources (tomato peels), substitute for petroleum solvent (shortening), reducing electricity use, time-saving and cost reduction, biorefining (utilization of by-products by treatment of waste), small processing unit with smaller solo processes (two stages) and production of a non-changed environment-friendly product without pollutions (fortified oil). It was proved that the edible vegetable oil has the ability to be used as an alternative or co-solvent in extracting the required ingredients [34]. The green extraction technique of lycopene at a tomato peels to oil ratio of 1:2 (w/w) resulted in high extraction of lycopene content (839 mg/100g). This can regarded to oil act as solvent of carotenoids and lipophilic interaction activity of lycopene content in broken down of skin cell wall by effect of heat treatment which reduce the bonding forces between lycopene and tissue network that result in release of the lycopene into medium (shortening).

Sachindra and Mahendrakar [20] showed that carotenoid concentration in sunflower oil depended on the effect of temperature and time of heating waste at a waste to oil ratio of 1:2 which indicated that the concentration level of carotenoid raised up when the temperature raised up to 70 °C, while the rate of increasing carotenoid content was minimal above a heating time of 150 min. Machmudah, Zakaria [35] illustrated that the ideal processing recognized to remove lycopene from tomato skin was 40 MPa, 90 °C, and a ratio of tomato peel to seed of 37/63 in order to reach 56% of lycopene extraction. The used of tomato seed oil assisted to amend the retrieval of lycopene from 18% to 56% because the presence of seed oils act as co-solvent to recover lycopene and increase the yield.

#### **Chemical Composition of red processed cheese spreads**

Usually, process cheese ingredients depended on Egyptian standard specification and the kind of intended use that the processed cheese will be targeted for. The final functional characteristics of the processed cheese are affected according to its various chemical and structural characteristics. Table 3 shows the chemical composition of red processed cheese spreads. It was observed that there is a slight increasing of dry matter (DM), ash and lycopene in all treatments as the level of replacement increased as T4 gained the highest level 44.57%, 5.30 % and 112.30 mg/100g respectively. In contrast, a small drop in fat was observed in all samples especially T3 and T4 samples. Increasing of DM, ash and lycopene could be due to the using the lycopene oil enriched with lycopene 839 mg/100g. While control sample has the maximum content of fat and fat/dry matter however, it had the lowest total protein and ash levels than other samples. The increasing in the lycopene and ash content could be due to rising in substituted oil which is enriched with lycopene as Al-Wandawi, Abdul-Rahman [36] stated that tomato skin holds great percentage of lycopene offset by a low ratio in tomato seeds and pulp. The major content of lycopene was incorporated in the skin and water insoluble section of the tomato pulp [37].

Sample	DM	Fat	Fat ratio	Protein	pН	Ash	Lycopene
С	44.05±0.09 <sup>B</sup>	25.05±0.07 <sup>A</sup>	$56.83 \pm 0.28^{A}$	14.05±0.16 <sup>C</sup>	$5.48 \pm 0.07^{A}$	4.99±0.50 <sup>A</sup>	$0.0 \pm 0.0^{E}$
T1	44.07±0.09 <sup>B</sup>	25.04±0.11 <sup>A</sup>	$56.81 \pm 0.22^{A}$	$14.34 \pm 0.05^{B}$	$5.50 \pm 0.09^{A}$	$5.00 \pm 0.10^{A}$	28.20±0.06 <sup>D</sup>
T2	44.14±0.28 <sup>B</sup>	24.98±0.07 <sup>A</sup>	56.59±0.30 <sup>A</sup>	14.28±0.07 <sup>B</sup>	$5.52 \pm 0.06^{A}$	5.12±0.04 <sup>A</sup>	60.58±0.06 <sup>C</sup>
T3	$44.48 \pm 0.05^{A}$	$24.84 \pm 0.06^{B}$	$55.84 \pm 0.18^{B}$	$14.41 \pm 0.06^{AB}$	$5.54 \pm 0.08^{A}$	$5.20 \pm 0.09^{A}$	$81.40 \pm 0.08^{B}$
T4	44.57±0.05 <sup>A</sup>	24.71±0.03 <sup>B</sup>	$55.45 \pm 0.12^{B}$	14.53±0.05 <sup>A</sup>	$5.59\pm0.07^{A}$	$5.30 \pm 0.08^{A}$	112.30±0.08 <sup>A</sup>

Table 3: Chemical composition of red processed cheese spread

# TPC and antioxidant activity changes in red processed cheese spreads during cold storage

The accumulation of phenolic in epidermis (primary dermal tissues) of skin due to their possible function in preservation against UV waves, to perform as capture in fruit dispersal, and as protect chemical compounds against predators, parasitoids and pathogens [38]. The antioxidant constituent (Phenolic & flavonoids) that come out of waste products of the plant processing could be employed for level up the stability of products by inhibition the oxidative degradation of fats and for protecting against oxidative deterioration in living systems by scavenging oxygen

free radicals as well [39, 40]. As shown in Fig. 3, TPC of fresh samples was ranged from 6.55 to 11.42 mg GAE/100g that higher than control 5.33 mg GAE/100 g. The presence of antioxidant activity and phenolic compounds of control sample is a result to the bioactive peptides content [41] and a lot of free amino acids, mostly methionine, tryptophan and tyrosine [42]. However, the increase in TPC of treatments is attributed to enriched oil with tomato skin extract which contained flavonoids (Quercetin, Kaempafrol and naringenin) and hydroxycinnamic acids (caffeic, chlorogenic, ferulic and p-cumaric acids) [43, 44]. As presented in Fig. 3, the antioxidant activity was increased by increasing lycopene

oil level (enriched with lycopene and phenolic compounds), then slight decrease in all treatments was noticed during cold storage in both phenolic compounds and antioxidant activity referred to protection system of quercetin and lycopene that are stable at high temperature degrees and acidic conditions, and unstable in alkali and oxygen system [45-48]. Lycopene and other lipid-soluble components could be integrated in the fat droplets as emulsions. An appropriate engineering of the emulsion has been performed and when more antioxidants were incorporated into the aqueous and / or oily stages of the emulsion showed a high ability to

decrease oxidation of lipid. As well the physical location display the basic reason behind; that non-polar antioxidants tend to be additionally concentrated in the fat droplet and thus more powerful in preventing lipid oxidation in oil-in-water emulsions than in bulk oil, whereas the opposite was mostly detected for polar antioxidants (PAO) [49-51]. Moreover, Lycopene's configuration worked to reduce free radicals activity [52]. As an antioxidant, lycopene has odd oxygen capture ability two times high than of  $\beta$ -carotene and ten times greater than that of  $\alpha$ -tocopherol.



# Penetrometer of Red processed cheese spread through of cheese spread

# storage period

Penetrometry technique is one of the most important techniques used to determine the firmness of process cheese. Fig. 4A shows the data of penetrometer of red processed cheese spread through storage period. It was noted that the firmness value was decreased with increased level of incorporated red oil. Suggestion of decreasing firmness value due to high content of cis-isomers-lycopene that hold physical properties and chemical behaviors special from those of their all-trans counterpart, involving reduction color intensity and decreasing melting points, they more dissolvable in hydrocarbon solvents and oil, less likely to crystallization, and more polar than their all-trans counterparts [53]. Okonogi and Riangjanapatee [54] reported that the melting temperature of the nanostructured lipid carriers (NLC) was at 48.4 °C which is like to that of orange wax which was at 51.2 °C as the internal phase of lycopene loaded NLC obtained was in solid case. This confirm that lycopene content dispersal in oil-in-water affected its physical properties as melting point which be reflected on rheology aspects of red processed cheese.

# Meltability of Red processed cheese spread through storage period

Ko and Gunasekaran [55] illustrated that meltability of cheese indicates to the easiness and range to which the cheese will melt and flow/spread over high temperature. Meltability parameters are important indicators for the

desired textural and cooking properties. It could be defined as the easiness of cheese spreads or flows when exposed to heating [56]. Fig. 4B shows meltability characterization. Results revealed that the lycopene oil incorporation affected the texture properties, thus meltabilty value increased by the elevation level of lycopene oil replacement, as meltability of all the fresh processed cheese samples varied from 100 to 122 mm. Meltability of all samples during storage period was decreased. These results are in agreement with Ismail [57] who studied the effect of using unhydrogenated palm oil fractions on processed cheese properties. His study based on 5 samples of processed cheese which have been manufactured by hydrogenated palm kernel oil, palm kernel olein, double fractionated palm olein, mixture of hydrogenated palm kernel oil and palm kernel olein (1:1) in addition to mixture of hydrogenated palm kernel oil and double fractionated palm olein (1:1). He found that the meltability of processed cheese samples varied from 16 to 45 mm. Also, there were no any differences between meltability of control (16 mm) and palm kernel olein-based processed cheese (16 and 17 mm) samples, but double fractionated palm olein-based cheeses showed obvious greater meltability (34 and 45 mm) than those of other cheeses.

# Oil separation Index (OSI) of Red processed cheese spread through storage period

Based on the regulations of processed cheese that obligate to standardizing the moisture and fat content of a process cheese formulation. Fig. 4C illustrates the results of oil separation index. Data indicates that control gained high values than other treatments; values of all the fresh processed cheese samples were ranged from 14 to 6 mm. But when going through storage period, the OSI increased till the third month, as noticed it were high at 25 °C than at 5 °C. The reduction values of OSI for treatments due to the two factors of pH and total calcium content. The high level of total calcium in cheese components makes it difficult to process of the processed cheese, as excess calcium requires isolating it from natural cheese casein by

adding emulsifying salts during cheese processing [58-61]. Furthermore, It was found that the final pH of a process cheese have an significant impact on structure, the kind of protein interactions, and goodness in order to form process cheese emulsion [62, 63]. Palmer and Sly [63] reported that the constancy of the process cheese emulsion is reduced when the pH of the process cheese is under 5.4 or exceeding 5.8.



**Figure 4:** Changes in penetrometer (A), Meltability (B) and oil separation (C) of Red processed cheese spread through storage period

#### Sensory evaluation of Red processed cheese spread

The characteristic processed cheese spread samples (Table 4) was sensorically approved by all panelists. Stronger flavors and texture were perceived in T4, because of the higher level of lycopene oil than those formulated with a lower lycopene oil. No significant differences (p > 0.05)

were found between C and T1. Generally all panelists agreed that the overall acceptance increased with increased of lycopene oil level in cheese, while no significant differences in color were observed between samples. The appearance of T3 & T4 was better than C, T1 & T2.

Sample	Appearance	Color	Flavor	Texture	Overall
С	3.5±0.30 <sup>B</sup>	$4.00 \pm 0.32^{A}$	$2.09 \pm 0.27^{D}$	$2.02 \pm 0.12^{D}$	$2.04 \pm 0.20^{D}$
T1	3.7±0.20 <sup>B</sup>	3.63±0.25 <sup>A</sup>	$2.31 \pm 0.04^{DC}$	$2.02 \pm 0.16^{D}$	$2.00 \pm 0.12^{D}$
T2	3.7±0.20 <sup>B</sup>	$3.43 \pm 0.35^{A}$	2.53±0.04 <sup>C</sup>	2.57±0.07 <sup>C</sup>	2.49±0.03 <sup>C</sup>
T3	4.2±0.25 <sup>A</sup>	$3.44 \pm 0.29^{A}$	$3.31 \pm 0.06^{B}$	$3.50 \pm 0.06^{B}$	$3.18 \pm 0.07^{B}$
T4	4.3±0.36 <sup>A</sup>	$4.09 \pm 0.18^{A}$	$4.21 \pm 0.07^{A}$	$4.03 \pm 0.16^{A}$	$4.03 \pm 0.15^{A}$

\*1= poor 5=excellent

Table 4: Sensory evaluation of Red processed cheese spread

### Conclusions

Our study aimed to employing lycopene extraction as nutritional, color agent and softener. We extracted lycopene from tomato peels using melted shortening by green-extraction technique. This technique was implemented at 95 °C for 60 min, and the temperature was then raise to 140 °C until complete extraction of lycopene. The aim of this technique

was to break cell wall and release all contents such as lycopene and minerals, and keeping the lycopene content without degradation in addition to increase the bio-availability of lycopene stability. Use of lycopene oil increased dry matter, ash, lycopene content, antioxidant activity, meltability and sensorial characteristics of processed cheese. Whereas, the firmness value was decreased with increasing level of incorporated lycopene oil. We can thus conclude that the substitution of butter by lycopene oil obtained by green-extraction technique of tomato peels waste in processed cheese can be used as a substitute process for decreasing saturated fats in dairy products with keeping other desired characteristics of the product.

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