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**Mini Review** 

# Symptomatic Childhood Uremic Pericardial Effusion: An

# **Echocardiography Image**

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## Abstract

Large childhood symptomatic pericardial effusion demanding pericardio-centesis and pericardial drainage is rare and symptomatic childhood uremic pericardial effusion is even rarer. The aim of this paper is to report the rare occurrence of childhood uremic symptomatic pericardial effusion. A seven year old boy with the most extreme form of end-stage renal disease (anuric with no renal function). The patient developed large childhood symptomatic pericardial effusion which was diagnosed by echocardiography.

Keywords: Uremia; symptomatic pericardial effusion; pericardiocentesis

## Introduction

Large childhood symptomatic pericardial effusion demanding pericardiocentesis and pericardial drainage is rare, and symptomatic childhood uremic pericardial effusion is even rarer [1, 2].

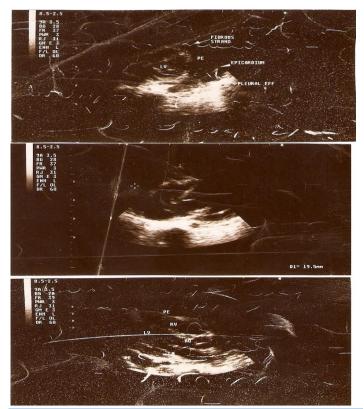
De la Morena Pardo (1989) studied twelve children with symptomatic pericardial effusion and diagnosed four of them as having idiopathic pericardial effusions. Other causes of symptomatic pericardial effusions were chronic renal failure, viral infection, cardiac surgery, juvenile rheumatoid arthritis and chronic myelocytic leukemia [1].

Guven et al (2007) studied 10 (6 male, 4 female) children (mean age: 8.05 +/- 4.4 yr) large symptomatic pericardial effusion needing pericardiocentesis and pericardial drainage. They found three patients had tuberculosis, one patient had uremic pericarditis; one patient had bacterial pericarditis; one patient had post-pericardiotomy syndrome; two patients had malignancy and two patients had no identifiable cause.

Guven et al suggested that tuberculosis is the most important cause of large symptomatic pericardial effusion particularly in the developing countries [2].

# **Patients and methods**

A seven year old boy with the most extreme form of end-stage renal disease (anuric with no renal function). The patient developed large childhood symptomatic pericardial effusion which was diagnosed by echocardiography (Figure-1) demanding pericardiocentesis and pericardial drainage during treatment with intermittent peritoneal dialysis and conservative medical treatment (low protein diet and fluid restriction). He was treated with peritoneal dialysis sessions intermittently whenever became symptomatic with marked nausea, tachypnea (acidotic breathing), and generalized edema from fluid overload.



**Figure-1:** A seven year old boy with the most extreme form of end-stage renal disease (anuric with no renal function). The patient developed large childhood symptomatic pericardial effusion which was diagnosed by echocardiography

#### Discussion

Uremic pericarditis without pericardial effusion was considered a common complication of renal failure during the 1950s ad 1960s. It generally the result of an aseptic inflammation associated with fibrin formation, and little or no fluid [3, 4, 5]. The occurrence of large symptomatic uremic pericardial effusion was rarely reported in adult's patients during the 1950s and 1960s [3, 6, 7, 8, 9, 10]. Fishberg (1954) reported the occurrence of considerable serous or hemorrhagic effusion [3].

Goodner and Brown (1956) reported the deaths of two young male's patients with chronic renal disease because of large symptomatic uremic pericardial effusion. Postmortem studies of the two patients revealed 800 and 850 ml of blood-stained fluid were present in the pericardial cavities [6].

Lowry and Boyd (1960) studied 227 cases of uremic pericarditis, and found 58 patients with hydropericardium and 3 with massive hemopericardium [10].

Rappaport (1962) reported the occurrence of large symptomatic uremic pericardial effusion in a ten year old girl.

Large symptomatic uremic pericardial effusion is a very rare condition during childhood [11, 12, and 13].

#### Conclusion

This paper documented the rare occurrence of large symptomatic uremic pericardial effusion requiring drainage during childhood.

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